

'The Power of P.E' is an organisation committed to raising the standards of Physical Education in all Key Stages.

The aim of 'The Power of P.E' is to help instil Physical Education at the heart of School life, one way we aim to achieve this is by creating robust cross-curricular links in progressive P.E lessons. The Power of P.E Primary Planning will help teach a deep and broad curriculum of the highest quality. Together with external coaches (funded by the Sports Premium) working alongside our class teachers and TAs, we offer high quality PE, which build the skills and knowledge children need to live fit, healthy lives and to be ready for secondary school sport and PE.

Thorner's C of E VA Primary School

Here at Thorner's our vision is to provide the highest quality, healthy PE for all of our children of all abilities.

Aims

We aim to ensure the following outcomes for our children:

- Children who are physically active for sustained periods of time and who understand that PE, Sport and Physical Activity are an important part of a healthy, active lifestyle
- Children who develop confidence and a love of movement through physical literacy and fundamental movement skills
- Children who develop skills, knowledge and understanding of all aspects of National Curriculum PE
- Children who develop personal qualities and social and thinking skills through healthy, physical activity
- Children who develop leadership and team-building skills and a sense of fair play and sportsmanship through healthy competition

Our PE Curriculum

Intent

At Thorner's we have a strong focus on providing children of all abilities with a broad, balanced, ambitious Physical Education curriculum and as such have developed a coherent curriculum Map with units from the Power of PE scheme of work.

In line with the National Curriculum for PE, we believe that a high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. We provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Our curriculum also provides all children with opportunities to compete in sport and other activities which builds character and helps to embed values such as fairness and respect.

Implementation

P.E. is timetabled twice a week for every class within school giving children the chance to keep healthy and enjoy physical activity and sport. Staff have engaged with professional development and new resources to enhance teaching and learning in the delivery of our planned curriculum.

We also offer swimming on site and at the local deep water pool. This gives children of all abilities the great opportunity to experience swimming, with additional Top-Up sessions, and helps us to achieve the national Year 6 Swimming and Water-Safety Targets.

Impact

We regularly monitor and assess the impact of our PE Curriculum in terms of national End of Year Age-Related Expectations for all four key aspects of National Curriculum PE.

Competition

At Thorner's we have introduced and developed a wide range of additional, inclusive competitive sports opportunities for children of all abilities both within and beyond the PE curriculum. These include:

- An inclusive PE Curriculum Inter-House Competition Programme
- Sports Leaders training run with other local schools and our local PE coordinator
- An annual calendar of Inter-school Competitions
- Daily Shuttle Runs
- A wide range of lunchtime and after school clubs